

## Our Stories

"The knowledge, skills, relationships, confidence and personal strengths I get from the group are applicable to other areas of my life."

"I really enjoy the meetings because they give me feedback. I can listen to everyone, and I like them to be involved. It gives me ideas to help other people with their needs. This group gives me the opportunity to be part of the community."

## Highlights

### Workshops:

- ◆ Financial Planning
- ◆ Self Advocacy

### December 3rd Annual Event:

- ◆ United Nations International Day for Persons with Disabilities

### Letter campaign:

- ◆ Poverty Reduction
- ◆ Election Issues

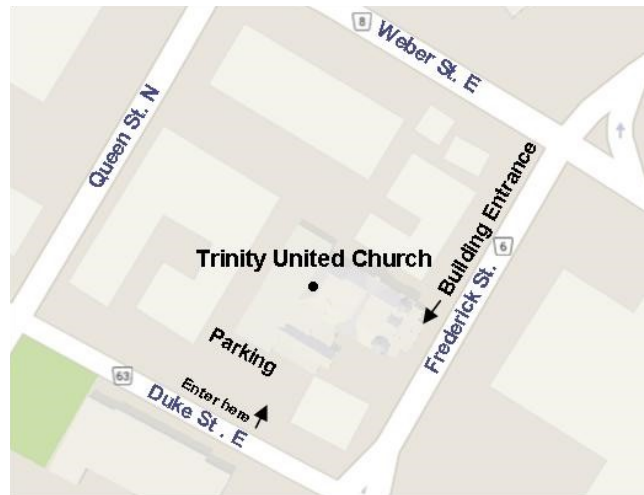
### Input into consultations:

- ◆ AODA Integrated Standards
- ◆ Social Assistance Review
- ◆ Housing Services Act
- ◆ ROW Strategic Planning

### Council Presentations:

- ◆ Presentations to request that all new homes be built to be 'visitable'

## Meeting Location



## Disabilities and Human Rights Group

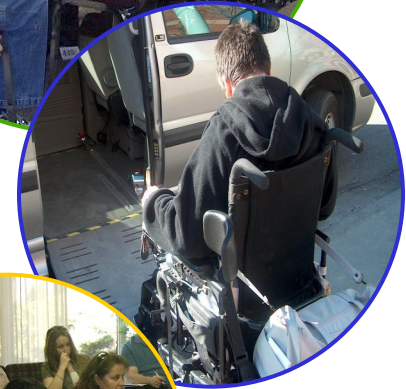
## Contact Information



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St John Church  
23 Water St North, Kitchener, ON N2H 5A4  
Entrance on Duke Street



DISABILITIES AND  
HUMAN RIGHTS GROUP



*A model for new ways to  
approach disabilities and  
human rights issues for an  
inclusive community and  
improved quality of life.*

## Our Purpose

### The Disabilities and Human Rights Group is:

1. A **forum** for educating, raising awareness and discussing issues related to human rights and disabilities.
2. A **starting place** for ideas related to advocacy, system change, and pilot projects.
3. An **advocate** for inclusion and equality for persons with disabilities.
4. A **training ground** for self and community advocacy.
5. A **space** to build relationships.



## Our Principles



### **Inclusion:**

- ◆ All community members have the right to be included.

### **Capacity focus:**

- ◆ We focus on what people can do, not on what they can't.

### **Authentic Experience:**

- ◆ Each person has a valid story that can contribute to the collective community.

### **Validation and Empowerment:**

- ◆ The first step to taking action is having our stories heard.

### **Leadership:**

- ◆ A skill that we can all learn and improve upon.

### **Pace:**

- ◆ Moves at a rate that accommodates all participants.

## Membership

### **Core members**

- ◆ Individuals with direct lived experience with disabilities.

### **Supporting members**

- ◆ Organizations with a mandate, interest and/or role related to disabilities and/or human rights.
- ◆ Interested and concerned individuals.

## Meeting Times

2nd Wednesday of every month  
1:30 - 3:30 p.m.  
St John Church  
23 Water St. N Kitchener ON

Entrance and doorbell on Duke St.

If accessible parking is required please contact us at 519-579-3800 to make arrangements.

