

Our Stories

"The knowledge, skills, relationships, confidence and personal strengths I get from the group are applicable to other areas of my life."

"I really enjoy the meetings because they give me feedback. I can listen to everyone, and I like them to be involved. It gives me ideas to help other people with their needs. This group gives me the opportunity to be part of the community."

Highlights

Workshops:

- ◆ Financial Planning
- ◆ Self Advocacy

December 3rd Annual Event:

- ◆ United Nations International Day for Persons with Disabilities

Letter campaign:

- ◆ Poverty Reduction
- ◆ Election Issues

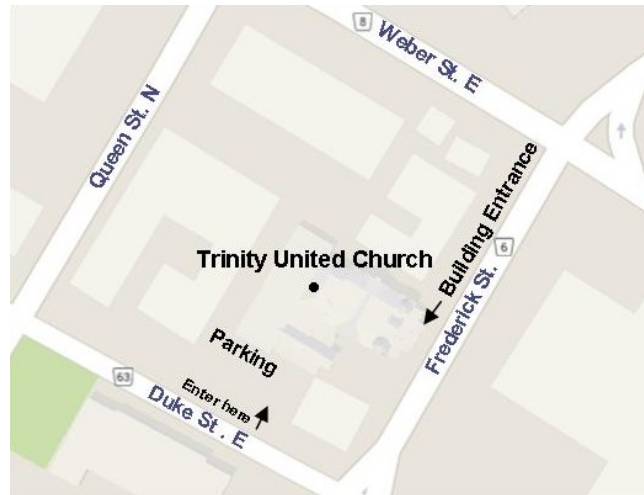
Input into consultations:

- ◆ AODA Integrated Standards
- ◆ Social Assistance Review
- ◆ Housing Services Act
- ◆ ROW Strategic Planning

Council Presentations:

- ◆ Presentations to request that all new homes be built to be 'visitable'

Meeting Location



Disabilities and Human Rights Group

Contact Information

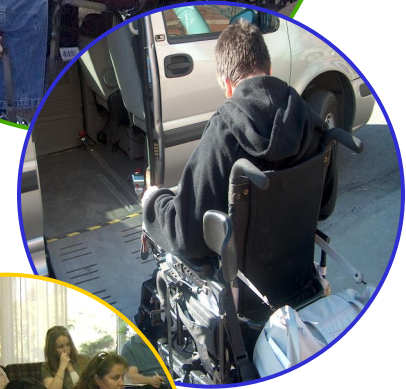


Social Development Centre
— WATERLOO REGION —

www.waterlooregion.org
Phone / TTY: 519-579-3800
Email: admin@waterlooregion.org
74 Frederick St. Kitchener, ON N2H 3L7



DISABILITIES AND
HUMAN RIGHTS GROUP



A model for new ways to approach disabilities and human rights issues for an inclusive community and improved quality of life.

Our Purpose

The Disabilities and Human Rights Group is:

1. A **forum** for educating, raising awareness and discussing issues related to human rights and disabilities.
2. A **starting place** for ideas related to advocacy, system change, and pilot projects.
3. An **advocate** for inclusion and equality for persons with disabilities.
4. A **training ground** for self and community advocacy.
5. A **space** to build relationships.



Our Principles



Inclusion:

- ◆ All community members have the right to be included.

Capacity focus:

- ◆ We focus on what people can do, not on what they can't.

Authentic Experience:

- ◆ Each person has a valid story that can contribute to the collective community.

Validation and Empowerment:

- ◆ The first step to taking action is having our stories heard.

Leadership:

- ◆ A skill that we can all learn and improve upon.

Pace:

- ◆ Moves at a rate that accommodates all participants.

Membership

Core members

- ◆ Individuals with direct lived experience with disabilities.

Supporting members

- ◆ Organizations with a mandate, interest and/or role related to disabilities and/or human rights.
- ◆ Interested and concerned individuals.

Meeting Times

2nd Wednesday of every month
1:30 - 3:30 p.m.

Trinity United Church Annex
Hearth Room

74 Frederick St. Kitchener ON

Enter off Frederick St. on the lower
level

If accessible parking is required
please contact us at 519-579-3800 to
make arrangements.

