



# thE-neighbour

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## This year's theme asks you to "REACH!"

*Extend yourself a little further, and reach out to all your neighbours to encourage greater engagement*

Every year we get together to choose a theme that will guide some of our activities, and hopefully yours too. This year with "Reach!", we want to encourage you to engage and extend yourself into your neighbourhood, to reach out. You might find that doing so might increase your capacity, or your "reach". You might find that you can reach people you would not have engaged otherwise. This theme is a call to action. Stretching yourself beyond your usual comfort zone to connect with others might seem difficult at first, but you might find yourself pleasantly surprised with reciprocity. Challenge yourself this year to reach out a little further!



Winter Fest Auditorium NA



Central Frederick Refugee Benefit Concert



Tobogganing at McLennan Park



Fun Fest WTT

### FoN QUICK LINKS

- [Useful Contacts and Local Resources](#)
- [Neighbourhood Activity Guide](#)
- [Registration Form - Mail/Fax](#)
- [Full Online Registration](#)
- [Neighbourhood Activity Trunk](#)
- [Frequently Asked Questions](#)
- [Grant Opportunities](#)
- [Becoming a Sponsor](#)

### FoN BILLBOARD

- Win a prize for your next neighbourhood gathering! To enter the upcoming Early Bird Draw this month, register your neighbourhood activity held between October 1 and December 31, 2016 before January 15, 2017.
- If you haven't registered your activity yet, do so before March 31st to enter in the next Early Bird Draw.

## Don't Let This Frosty Winter Keep You From Your Neighbourhood Gatherings!

*There are many ways to enjoy the winter with your neighbours*

We know that it can be a little tougher to have neighbourhood gatherings in the winter, but they are well worth it, and will help you fight the winter blahs!. There are many options for indoor and outdoor activities. Check out the [Neighbourhood Activity Guide](#) for ideas.

For indoor activities, find out if you can use your [community center](#) as a venue, or even perhaps a neighbourhood cafe, or some private enterprise with the space. Organize movie nights, crafts and games, talent shows, musical performances, dances or potlucks. You can also take advantage of the [indoor swimming pools](#) and [skating rinks](#) for a fun time with your neighbours.

For outdoor activities, snow and ice is your best friend. Your neighbours will be quick to gather around for hot chocolate or apple cider. The City of Kitchener is peppered with [outdoor winter rinks](#) maintained by volunteers. They are perfect for neighbourhood skating parties. Making snowmen and snow sculptures, tobogganing and nature walks are also other outdoor activities to enjoy with your neighbours.

Whichever way you decide to bring your neighbours together, remember to be inclusive of all, and to REACH out a little further to ensure that everyone can enjoy the gathering.

### Neighbour to Neighbour

*People share thoughts that reflect the value of gathering with their neighbours*

"We have reached out to our neighbourhood and invited people of all ages to attend. This makes people feel welcome and comfortable in their community."