

## Holiday Emergency, Food, and Shelter Information 2014

Emergency Shelter	Address	Contact Information
<b>Women's Shelter - YWCA KW</b>	84 Frederick St. Kitchener	519-744-0120
<b>Transitional Shelter - YWCA KW</b>	84 Frederick St. Kitchener <b>8:00 pm – 8:00 am</b>	519-242-0820
<b>One Roof - Youth Hostel</b>	242 Queen St. S. Kitchener <b>10:00 pm – 9:00 am</b> <b>9:00 am – 10:00 pm</b>	519 742-2788 X 206 X 207
<b>House of Friendship- Charles Street Men's Hostel</b>	43 Charles St. E. Kitchener	519-742-8327
<b>Women's Crisis Services of Waterloo Region – Kitchener (Anselma House)</b>	700 Heritage Dr. Kitchener	1-800-410-4482 519-742-5894
<b>Women's Crisis Services of Waterloo Region – Cambridge (Haven House)</b>	562 Concession Rd. Cambridge	1-800-410-4482 519-653-2422
<b>The Bridges - Cambridge Shelter Corporation</b>	26 Simcoe St. Cambridge	519-624-9305

Holiday Dinners	Address	Date & Time
<b>St. John's Kitchen - Dinner by Friends of St. John's Kitchen</b>	97 Victoria St. Kitchener	<b>Thursday, December 25<sup>th</sup></b> 11:30 am – 1:00 pm
<b>First United Church - Christmas Buffet</b> <i>(St. John's Kitchen - Closed)</i>	16 William St. Waterloo	<b>Friday, December 26<sup>th</sup></b> 11:30 am – 1:00 pm
<b>St. John's Kitchen - Festive Dinner Meal by Holy Cross Evangelical Lutheran Church</b>	97 Victoria St. Kitchener	<b>Monday, December 29<sup>th</sup></b> 11:30 am – 1:00 pm
<b>St. John's Kitchen - Festive Dinner Meal by St. George's of Forest Hill Anglican Church</b>	97 Victoria St. Kitchener	<b>Tuesday, December 30<sup>th</sup></b> 11:30 am – 1:00 pm
<b>St. John's Kitchen - Regular Dinner</b>	97 Victoria St. Kitchener	<b>Wednesday, December 31<sup>st</sup></b> 11:30 am – 1:00 pm
<b>St. Andrew's Church - Festive Dinner</b>	54 Queen St. N. Kitchener	<b>Thursday, January 1<sup>st</sup></b>

<b>(St. John's Kitchen - Closed)</b>		11:30 am – 1:00 pm
<b>St. John's Kitchen</b>	97 Victoria St. Kitchener	<b>Friday, January 2<sup>nd</sup></b> Back to Regular Hours

<b>Crisis Services</b>	<b>Contact Information</b>
<b>Distress Line- 24/7 Supportive Listening</b>	<b>519-745-1166</b>
<b>Here 24/7 Mental Health Line- Mobile Crisis Team</b>	<b>1-844-437-3247</b>
<b>La Leche League - Breastfeeding Support</b>	-Denise, Kitchener-Waterloo Leader <b>519-745-0589</b> -Laura, Kitchener-Waterloo Leader <b>519-571-8948</b> -Sarah, Cambridge Leader <b>226-533-3018</b>

\*\*\*For other information not listed above go to [www.waterlooregion.org](http://www.waterlooregion.org) or call 211

**\*\*\*Life threatening Situations Call 911**