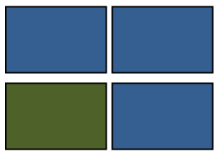


DISABILITIES



AND HUMAN RIGHTS
KITCHENER WATERLOO

Self-Advocacy

for adults with disabilities

- **Be Assertive**
- **Know Your Rights**
- **Communicate Effectively**

**Workshop presented by Paula Saunders and Dan Lajoie,
Independent Living Centre of Waterloo Region**

Wednesday, August 3, 2011 3 - 5:00 p.m.

**Ray of Hope Community Centre
659 King Street East Kitchener
(Rear entrance off Stirling Lane)**

Please register by Wednesday, July 27, 2011



Email Valerie admin@waterlooregion.org
or phone 519-579-1096 X 3005

Social Planning Council of Kitchener-Waterloo